## **Holistic Recommendations for Flea Control**

## **Facts**

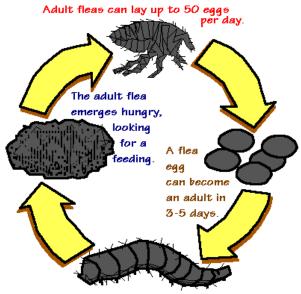
- Fleas can transmit tapeworms to pets and people
- The flea is a predator and will seek out the weakest member of the herd

## **Treating your pet**

- Spend 5 minutes a day grooming your pet with a flea comb
- Shampoo with a natural product like Halo Cloud Nine Herbal Shampoo. Make sure you have good contact time of at least 5 minutes to allow maximum kill of the fleas.
- Lemon skin tonic Thinly slice a lemon (including the peel) and add it to a pint of nearly boiling water, then let it steep overnight. The next day, sponge the solution onto your pet's skin and let it dry. You can use this daily for severe skin problems involving fleas. It will help tone the skin and will even help repel parasites
- Nutritional Supplements—Garlic or nutritional yeast added to your pet's food has been found to be effective flea deterrents for some pets.
- Essential oils Safer oils to use that repel fleas are eucalyptus, peppermint, cedarwood, orange, lemon, thyme and citronella. To make an essential oil spray for dogs, combine 30 drops of each essential oil to one cup of water and to spray on a dog's fur. Shake bottle well before spraying each time to mix the water and essential oils.

## <u>Treating the Home - once you have found fleas</u>

Most of a flea's lifetime is spent in the pre-adult stages -- as an egg, pupae or larvae. And most of the flea population is in one of those pre-adult stages, living in your yard and home until mature when they will seek a blood meal (your cat or dog). Killing fleas in the pre-adult stages breaks the flea lifecycle and eliminates adult fleas.



Wormlike larvae hide in rugs and upholstery, then spin cocoons.

- 1. Vacuuming and washing the hard floors often daily during the height of flea season is the least toxic way to control fleas. This will remove most of the adults, and some eggs and larvae. Throw away the vacuum bag after each use.
- 2. Launder pets bedding frequently in hot, soapy water and dry it on high heat.
- 3. Fleabusters® Rx for Fleas Plus



Contains Boric Acid. For home and furniture use, kills fleas in 2-4 weeks.

4. 1:1:1 Ratio of Diatomaceous Earth (food grade), Neem Powder, Yarrow Root Powder.