

Homemade Cat Food Recipes

BEEF & OATS

- 4 cups Raw Rolled Oats (or 8 cups cooked oatmeal)
- 2 eggs
- 2 lbs. (4 cups) ground lean beef heart (or lean chuck, lean hamburger, liver kidney or other lean red meat)
- 4 T Healthy Powder (see recipe below)
- 2 T bone meal (or 4,000 mg calcium or 2 ¼ teaspoons eggshell powder)
- 2 T vegetable oil or butter (or 1 T each)
- 1 tsp fresh vegetable with each meal
- 10,000 IU vitamin A
- 100-200 IU vitamin E

Bring 8 Cups (2 quarts) of water to a boil. Add the oats, cover and turn off the heat, letting the oats cook in the hot water for about 10 minutes or until soft. Stir in the eggs, letting them set slightly from the heat for a few minutes. Mix in the remaining ingredients. Yields about 12 ¾ cups. Immediately freeze what cannot be eaten in the next 2-3 days.

Daily Ration:

Small cats (4-6lbs) – ½ to ¾ cups

Medium (7-9 lbs) – 1 to 1 1/3 cups

Large (10-15lbs) – 1 ½ to 2 ¼ cups

Grain substitutes: 2 cups millet (+ 6 cups water = 6 cups cooked millet) or 2 cups bulgur (+ 4 cups water = 5 cups cooked bulgur)

CHICKEN OR TURKEY & MILLET

- 2 cups Millet (or 6 cups cooked)
- 2 eggs
- 2 lbs (4 cups) ground turkey or chicken (or lean chuck, lean heart, lean hamburger, liver giblets, fish or other lean meats)
- 4 T Healthy Powder (see recipe below)
- 2 T bone meal
- 2 T vegetable oil or butter
- 10,000 IU vitamin A
- 100-200 IU Vitamin E

Combine all of the above. With each meal served include 1 Tbsp of fresh vegetables.

Daily Ration:

Small cats (4-6lbs) – $\frac{1}{2}$ to $\frac{3}{4}$

Medium (7-9 lbs) – 1 to 1 $\frac{1}{3}$

Large (10-15lbs) – 1 $\frac{1}{2}$ to 2 $\frac{1}{4}$

QUICK FELINE MEALFEST

- 1 cup raw or cooked chicken or turkey with skin (or chuck, hamburger or heart)
- 1 $\frac{1}{2}$ tsps bonemeal (or 600 mg calcium or $\frac{1}{4}$ tsp eggshell powder)

Daily ration:

Small cats – $\frac{1}{4}$ to $\frac{1}{2}$ cup

Medium – $\frac{1}{2}$ to $\frac{2}{3}$

Large – $\frac{3}{4}$ to 1 cup

HEALTHY POWDER

- 2 cups nutritional (torula) yeast
- 1 cup lecithin granules
- $\frac{1}{4}$ cup kelp powder
- $\frac{1}{4}$ cup bonemeal (or 9,000 mg calcium or 5 tsp eggshell powder)
- 1,000 mg vitamin C ground or $\frac{1}{4}$ tsp sodium ascorbate